

I Challenge Diabetes



Want a Team Like This?

Whether you are a competitive athlete or just want to have some fun this summer, diabetes doesn't give you a break. So challenge it back with teamwork!



Youth Adventure Camp!

A 4 or 5 day adventure camp for teens (14+) with diabetes: experience adventure with amazing mentors, make friends, get outdoors and learn new diabetes skills!

Aug 3-6

Aug 9-13

Edmonton

Canmore

Register with I Challenge Diabetes!



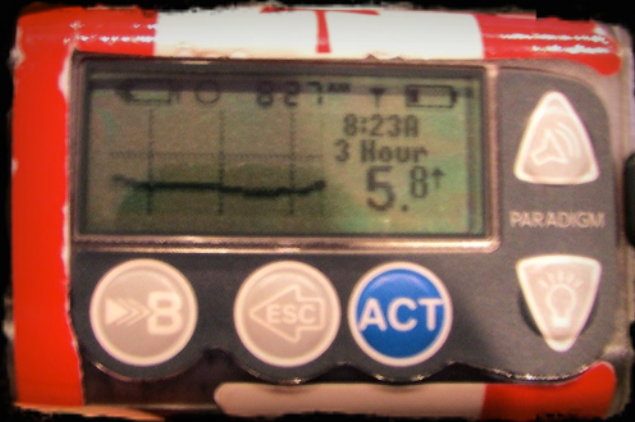
Short Experiential Programs!

Join leaders who have pushed the limits of sport living with diabetes and want to share their skills with you!

Try IT!

Zumba ~Cycling ~Boot Camp

More info on the web as it develops, email with questions



I Challenge Diabetes

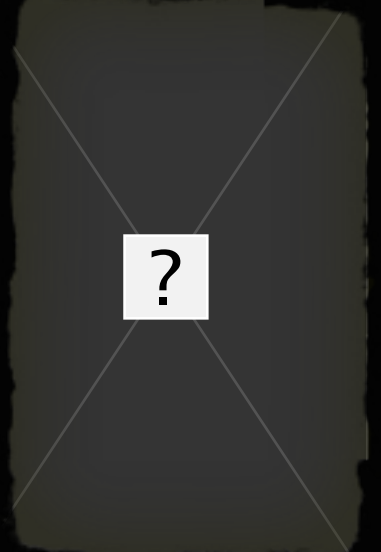
ADULT AND YOUTH EXPERIENTIAL LEARNING...

Join our exceptional leaders who take challenges in life and are dedicated to sharing their passion and expertise. You can check out accomplishments, registration details and additional event information at:

www.ichallengediabetes.org

Please don't hesitate to ask, donate or get out to one of our programs. Facebook us and you'll get updates!

facebook.com/ichallengediabetes info@ichallengediabetes.org



"If you are a teen with diabetes... even if you don't think you would be interested, COME! You'll have so much fun, learn a lot and be inspired!" ~Natasha, age 16

"last summer's experience really changed things for me and I think doing more will continue to help me, as well as try to give someone else that same kind of belonging that I felt" ~Margaux, age 21



"I have been a diabetic for 26 years and have participated in many sporting activities. I did the backpacking trip on the Juan de Fuca trail, everyone had a great time and lots of close friendships were formed." ~Greta, Age 40

